

## Freshman Calendar and Checklist

**Parents--**Step by step, you can help your child make informed decisions about his or her education, do well academically, learn about colleges, and find the best possible opportunities for a college education. Following is a checklist that is designed to help you and your child throughout the freshman year. The list speaks directly to your child, although he or she may need your help.

### May-June:

- Consider taking honors courses.
- Review your 4 year plan developed at your middle school.
- Familiarize yourself with DHS graduation requirements and courses available in upcoming years.
- Attend the Freshman Orientation to help familiarize yourself with the new school and classes.
- Come up with a list of colleges/universities that interest you; academic or vocational. Familiarize yourself with the requirements for acceptance.
- If you are an athlete looking to compete at the college level, look into eligibility requirements through the NCAA at: [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)

### Fall Semester

- Start a pattern of working hard and studying
- Take the most rigorous courses available.
- Get to know your counselor; discuss post high school plans.
- Look into joining clubs and organizations. See the complete list in your student planner.
- Start community service/volunteer work. Begin a file that contains hours and activities documented.
- Monitor your progress toward earning the Millennium Scholarship and understand what is needed to remain qualified. <http://nevadatreasurer.gov/millennium/>

### Spring Semester

- Review your 4 year plan and begin looking into academic and elective courses to prepare you for your goals after high school
- Review course selection with your counselor during the registration process.
- Start to think about what you will do during summer. Consider internships, jobs, or volunteer activities. See the Programs and Opportunities listed in the DHS counseling website for a variety of summer opportunities. [www.dcsd.k12.nv.us/dhs](http://www.dcsd.k12.nv.us/dhs)

### Summer

- Enjoy! Relax.
- Read; books, journals, magazines...anything that appeals to you.
- Consider visiting a college/university that is on your list.

### Helpful Online Resources

- Ten Tips for Incoming Freshman in High School: [http://www.teenink.com/nonfiction/personal\\_experience/article/365916/10-Tips-for-Incoming-Freshman-in-High-School/](http://www.teenink.com/nonfiction/personal_experience/article/365916/10-Tips-for-Incoming-Freshman-in-High-School/)
- 10 Most Common High School Freshman Mistakes: <http://www.campusexplorer.com/college-advice-tips/EF8DDDA1/10-Most-Common-High-School-Freshman-Mistakes/>

