

Good morning Douglas High! Today is Friday, October 19, 2018

LUNCH FOR TODAY IS:

Crispy Chicken Tenders w/Roll OR Soft Pretzel w/Cheese (V) (N) OR Chicken Caesar Salad w/CROUTONS OR Buffalo Chicken/Cheese Pizza (V) OR Assorted Deli Sandwiches

DAILY ANNOUNCEMENTS

In high school we all get caught up in our appearances. Sometimes we forget to take time to be better people and show love. If you feel like taking this time and making a change, The Peace Project is the perfect opportunity. We meet weekly to discuss how we can do better. Join us anytime in the year on Wednesdays at lunch in room 409.

Do you need help preparing for the SAT or ACT? The SAT/ACT Workshop has been scheduled. The English portion is Saturday, November 3rd and the Math portion is Saturday, November 17th. The cost is \$45 for ONE session or \$65 for BOTH. See Pattie Dack in counseling to sign up.

All girls wanting to participate in open Gym for girls' basketball need to complete an off-season conditioning permit before they can attend. Permits are located on the wall outside the Tiger Cage.

Please support Breast Cancer Awareness by purchasing bracelets. All proceeds go to support local patients and prices will range from \$1-\$3. Sales will run through October 19 in the commons.

If you are interested in participating in a winter sport such as basketball, wrestling, dance line or ski team, the **deadline to apply is 3pm, Wednesday, October 31st**. Sign up online through RMA. Links to the RMA website can be found on the DHS athletics webpage and all sports websites. If you were registered for a fall sport, you still are required to select a winter sport through RMA and have completed an off-season form for winter to be eligible for tryouts. Stop by the Tiger cage if you have any questions.

Art Club will meet in room 512 today at lunch. Come make a spooky luminary and enjoy the company of your artsy friends! See you there.

PLEASE STAND FOR THE PLEDGE OF ALLEGIANCE.

I pledge allegiance to the flag of the United States of America
and to the republic for which it stands,
one nation under God, indivisible, with liberty and justice for all.

Now please observe 30 seconds of silence.