



# PARENT NEWSLETTER



## DOUGLAS HIGH SCHOOL

1670 Highway 88, Minden, Nevada 89423  
(775)782-5136 (775)782-7039 fax www.dcsd.k12.nv.us/dhs  
Power School Parent Portal-<http://powerschool.dcsd.k12.nv.us/public>

### Douglas High School Mission Statement

Douglas High School students will have opportunities to achieve their potential and to graduate as competent, life-long learners who will continue to grow as productive citizens.

**February 2018**

### Special Testing Day Scheduled

Douglas High School will be following a special schedule for testing on Tuesday, February 27, 2018. This day will be set aside for all Juniors to take the ACT test that is a part of the graduation requirement for the state of Nevada.

This will also be an opportunity for any Senior who has not passed the Science Literacy Competency; also required for the class of 2018.

All other students including Freshmen and Sophomores, will not need to attend school that day unless invited by a counselor for remediation opportunities. Seniors who have passed the Science Literacy Competency will not need to attend school on this day.

### AP Exam Fees Due

AP Exam fees are due March 9, 2018. Parents of students enrolled in Advanced Placement courses, please send your student to Pattie Dack in the counseling office by March

9, 2018, to pay for each exam. The cost is \$94.00 PER EXAM. Also, keep encouraging your student as they continue to study in college level courses!

### Valentine's Day Delivery Reminder

Because of the amount of deliveries and the disruption to classes that these cause, the school will not accept deliveries of any sort for Valentine's Day. Please make other arrangements for flowers, balloons and candy. Thank you for your cooperation in this matter.



### Yearbook

We have just over 100 yearbooks left for pre-order. We will sell out, so purchase a copy soon to ensure one is reserved for you. Orders may be placed at the DHS front office with cash/check and online with credit/debit at

<http://www.yearbookforever.com>. The DHS office can take a deposit of \$50 with the balance due by May 15, 2018 to hold a copy for you.

The senior yearbook ad deadline is February 16, 2018. Sizes are for a quarter, half, or full page ad to commemorate your senior's journey. For more information: [kerb@dcsd.k12.nv.us](mailto:kerb@dcsd.k12.nv.us).

The American Scholastic Press Association has recognized Douglas High School's 2017 yearbook publication, *Garminada*, with a first place with special merit award and recognition of outstanding section: clubs. This is an annual scholastic review and contest for school publications such as a yearbook or newspaper. The yearbook is evaluated on elements of page design, photography, and content, and serves as a guidepost to the quality of the publication school. Each book submitted is scored using a point system in a variety of categories, and is designated first, second, or third place. The books with special and

### Douglas County School District Mission Statement

The Douglas County School District, in partnership with parents and community, will ensure that all students achieve excellence in education, character, and citizenship.

outstanding design may receive a first place with special merit as with Douglas High School's *Garminada*.

The 2017 review and contest had 265 submissions, and *Garminada* was one of twelve schools to receive the highest award with special merit.

The 2018 edition of *Garminada* may be purchased online: [www.yearbookforever.com](http://www.yearbookforever.com).

American Scholastic Press Association  
<http://www.asan.com/aspa1.htm>

### **Leadership News**

Thank you to all that participated and continue to participate in Winter Homecoming Week. Reminder that the 2018 Winter Homecoming Semi-Formal will be on Saturday, February 3, 2018 from 7:00 p.m.-10:00 p.m. in the DHS Commons. Tickets will be on sale at lunch in the commons until Friday, February 2, 2018 for \$7.00. After that, ticket prices will increase to \$10.00 at the door. Make sure you have your dance contract turned in and are dressed appropriately for this night!

We would also like to take this time to remind you of some upcoming events sponsored by DHS Student Leadership

-Friday, April 6, 2018 – Mr. DHS 2018 @ CVIC Hall

-Saturday, April 28, 2018 – Junior/Senior PROM 2018 @ Genoa Lakes

For any questions about these events please contact Karen Lamb, [klamb@dcsd.k12.nv.us](mailto:klamb@dcsd.k12.nv.us).

To stay up to date on DHS events and information, follow us:

Instagram: @dhstigers

Twitter: @douglastigers

### **News from the Nurse**

Take time to get a flu vaccine! CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Even though the flu season is already in full swing, it's not too late to get the flu vaccine to protect yourself and the family! While there are many different flu viruses, a flu vaccine protects against the viruses that research suggests will be most common. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations.

Take everyday preventive actions to stop the spread of germs.

-Try to avoid close contact with sick people. While sick, limit contact with others as much as possible to keep from infecting them.

-If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24

hours without the use of a fever-reducing medicine.)

-Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

-Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub. -Avoid touching your eyes, nose and mouth. Germs spread this way.

-Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

How does the flu spread? Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too. People infected with flu may be able to infect others beginning 1 day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

If your children are running a fever higher than 100.0, and/or vomiting, or experienc-

ing multiple episodes of diarrhea, please keep them at home to decrease the spread of infection. Let's keep Douglas High School healthy!

## **Athletics**

-Track season is upon us! Pre-Season workouts are happening Mondays and Wednesday starting at 3 pm on the track. All athletes must have an off season conditioning form filled out, which are available on the DHS athletic website. Visit our track website at: <http://dhs.dcsd.net/Athletics/track/index.htm>. Sign up for remind by texting @dhstrackf to 81010. First official day of practice will be February 24, 9:00-12:00. Athletes should arrive in the commons around 8:30 to check in.

-Spring sport sign-up deadline - February 14, 2018 3:00 p.m. Any Douglas High student interested in signing up for a spring sport needs to have all registration and documents loaded onto RMA (RegisterMyAthlete) before 3:00 p.m. on February 14, 2018. Spring Sports include: Baseball, Boys Golf, Softball, Swim & Dive or Track and Field.

-Please note that paper packets are a thing of the past. Students/Parents must now register online at RegisterMyAthlete commonly known as RMA. Links to their website can be found on the DHS athletics web page and every sport website.

-Physical forms and the annual Medical History Form are on the Athletics page of the DHS website and in the form rack outside the Tiger Cage. RMA is open now but will close at 3:00 p.m. on February 14 so get your Medical History forms and physical paperwork completed, scanned and uploaded to RMA now.

-Students who participated in a fall or winter sport must select a spring sport and complete RMA registration before they will be eligible to compete. Stop by the Tiger Cage if you have any questions.

-Have questions about spring practice schedules? Check the sport on the DHS website. If the schedule isn't posted there or if you have questions regarding the sport, click on the name of the coach in blue to send the coach an email.

-The Douglas High School Varsity Boys' basketball team worked on a community service project in January. They helped "Willow" Bill collect reindeer throughout the community that were put out for the holiday season. In helping with this project, Bill was able to complete the cleanup portion of the project much faster than anticipated. "THANK YOU" Douglas High School Boys Basketball for your time and energy with this project.



## **Counseling Department**

Attention Seniors! Here are some important dates for the Bridge to Success (BTS) through WNC you don't want to miss out on:

-March 16 College Day at WNC (all day field trip) sign-up by March 9

-March 21 and 22 Accuplacer test (placement test for next year's classes) at DHS

-April 23 Orientation Registration at DHS

-April 24 Registration at DHS

All sign-ups for these opportunities will be in the counseling office. If you have any questions, please feel free to contact Kris Robison at ext. 1719 or [krobison@dcsd.k12.nv](mailto:krobison@dcsd.k12.nv). If a senior didn't sign-up for the BTS, please see Mrs. Robison prior to these dates.

Dates for UNR:

-March 21 at lunch in media center with admissions person

here to help with any questions with applications or registration.

-May 25 at lunch in media center with admissions person here to pass out t-shirts and provide lunch for those going to UNR.

-Class Registration for the 2018-2019 school year will begin in March. Counselors will be presenting information in classrooms one grade level at a time. In order to FINALIZE your student's course selections, we are asking that parents and students attend a Student-led Registration Night. During this night, parents and students will be reviewing their academic plans, selecting classes and meeting briefly with their individual counselor. Below are the dates:

Current 9th graders - March 15

Current 10th graders - March 8

Current 11th graders - March 29

Meetings will occur between 2:00-8:00 p.m. and will last about an hour. Please visit the counseling page on the DHS website to sign up for a time.

**\*\*Parents will need to have their parent portal set up to be able to electronically sign their student's academic plan which registers them for classes for next year.**

If you need help setting up this account, please contact the front office.

-DHS Course Showcase will be March 14 from 6:15-8:00. This evening will begin in the big gym for brief announcements and then parents and students

will have the chance to visit a variety of classrooms. Classes represented will include: Career and Technical Education (CTE), World Language, Honors and AP options, electives, and PE. A schedule of the night will be available on the website one week prior to the evening.

-Freshman Parent night for current 8th graders will be held March 14 from 5:30-6:00 p.m. in the commons just prior to the course showcase.

-If your student took the PSAT/NMSQT test this fall, their results are available in the counseling office.

### **DHS Improv**

The DHS Improv players invite you to a night of fun and laughs as they perform scenes on-the-spot from audience suggestions. Our shows are almost always sold out. If you have enjoyed episodes of *Whose Line is it Anyway*, you will enjoy this. And if you have never seen an improv show, now is the time.

What: Comedy Improv

When: February 10 @7:00,

Where: DHS Drama Room, 101

Cost: \$5.00 presale tickets, \$10.00 at the door

Tickets can be purchased at the DHS front office or from any improv team player.

### **Performing Arts and Talent Showcase**

The 2nd Annual DHS Performing Arts and Talent Showcase will take place at CVIC Hall on Saturday, March 3 at 6:00 p.m. Doors open at 5:30 p.m.

Whether you would like to enjoy an evening of arts and entertainment or simply show your support for our talented students, come out to the CVIC Hall and watch the show! Refreshments will be available for purchase and tickets will be pre-sold through the month of February - just contact Amanda Laca ([alaca@dcsd.k12.nv.us](mailto:alaca@dcsd.k12.nv.us)) or any Dance Team member. Advance tickets cost \$7 per person or 2/\$10; cost at the door is \$10 per person.

### **Poetry Out Loud**

On January 18, 2018, Douglas High School hosted the school level competition of a national recitation contest, Poetry Out Loud. There were eleven competitors who shared the two poems they'd selected for the competition. A panel of judges reviewed the recitations for accuracy and the quality of the performance. While all of the competitors displayed great bravery and poise, awards were given to the following students:

Lea Gifford, first place

Alex Contreras, second place

Shannon Bunn, third place.

The top three competitors will be invited to the District level competition on February 1, 2018. The winner of the District competition will have the opportunity to represent his/her school at the State competition in March.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Home games are in red.				<b>1</b> B-day	<b>2</b> A-day Girls JV, Vars. B-ball vs. Wooster 3:30, 5:15 Girls Frosh B-ball @ Wooster 6:15 Boys JV, Frosh B-ball @ Wooster 3:30, 5:00 Boys Vars. B-ball vs. Wooster 7:00	<b>3</b> Winter Homecoming 7:00-10:00
<b>4</b>	<b>5</b> B-day All Sports Boosters meeting 6:00	<b>6</b> A-day Girls JV, Vars. B-ball vs. Galena 3:30, 5:15 Girls Frosh B-ball @ Galena 6:15 Boys JV, Frosh B-ball @ Galena 3:30, 5:00 Boys Vars. B-ball vs. Galena 7:00	<b>7</b> B-day	<b>8</b> A-day PTSO Meeting 6:00 Skiing @ Heavenly TBD	<b>9</b> B-day Girls JV, Vars. B-ball @ Carson 3:30, 5:15 Girls Frosh B-ball vs. Carson 6:15 Boys JV, Frosh B-ball vs. Carson 3:30, 5:00 Boys Vars. B-ball @ Carson 7:00	<b>10</b>
<b>11</b>	<b>12</b> A-day	<b>13</b> B-day Girls Vars. B-ball Regionals TBD Skiing @ Diamond Peak TBD	<b>14</b> A-day Staff PLC Day 90 minute delayed start (9:05) Girls Vars. B-ball Regionals TBD Boys Vars. B-ball Regionals TBD	<b>15</b> B-day Girls Vars. B-ball Regionals TBD	<b>16</b> A-day Girls Vars. B-ball Regionals TBD Boys Vars. B-ball Regionals TBD	<b>17</b> Girls Vars. B-ball Regionals TBD Boys Vars. B-ball Regionals TBD
<b>18</b>	<b>19</b> Winter Break	<b>20</b> Winter Break	<b>21</b> Winter Break	<b>22</b> Winter Break Girls Vars. B-ball Regionals TBD Boys Vars. B-ball Regionals TBD	<b>23</b> Winter Break Girls Vars. B-ball Regionals TBD Boys Vars. B-ball Regionals TBD	<b>24</b>
<b>25</b>	<b>26</b> B-day	<b>27</b> A-day ACT Testing Skiing @ Alpine TBD	<b>28</b> B-day Skiing @ Alpine TBD			All game times are accurate at time of printing. Please check with the coaches for any updates.

# February 2018



## Upcoming Dates to Remember

DHS Improv-----	February 10
Late Start Day (9:05)-----	February 14
Winter Break-----	February 19-23
ACT Testing -----	February 27
Teacher Work Day NO CLASSES-----	March 5
Late Start Day (9:05)-----	March 14
Spring Break-----	April 16-20
Prom -----	April 28
Graduation -----	June 7

For the Douglas County School District calendar, visit:  
[www.dcsd.k12.nv.us](http://www.dcsd.k12.nv.us) and click on the school calendar link.

Douglas High School  
 1670 Hwy 88  
 Minden, Nevada 89423



## Telephone Directory



Main Office-----	(775)-782-5136
Front Desk-----	extension 0
Attendance-----	extension 2
Counseling Office-----	extension 4
Athletics-----	extension 5
Registrar-----	extension 6
Nurse-----	extension 7
Fax-----	(775)782-7039

### Counselors:

<i>Kira Brown (A-Fa)</i> -----	extension 1716
<i>Alison Young (Fe-Lee)</i> -----	extension 1718
<i>Vanessa Ozolins (Rod-Z)</i> -----	extension 1717
<i>Kris Robison (Leg-Rob)</i> -----	extension 1719
<i>Jim Meyers (exit level 1 students)</i> -----	extension 1770

### Administration:

<i>Joe Girdner, Principal</i> -----	extension 1711
<i>Tom Morgan, Asst. Principal</i> -----	extension 1763
<i>Mike Rechs, Asst. Principal</i> -----	extension 1759
<i>Sarah Russell, Asst. Principal</i> -----	extension 1761

NON PROFIT ORGANIZATION

U.S. POSTAGE

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### Non-Discrimination Policy

The Douglas County School District Board of Trustees supports equal educational opportunity for students free from discrimination based upon race, color, religion, sex, sexual orientation, disability, or national origin (Board Policy No. 103). This concept of equal opportunity serves as a guide for staff in making decisions relating to school facilities; and selection of educational materials, equipment, curriculum, and regulations affecting students. In support of this policy and in compliance with the requirements of federal law, no student will be required to attend mandatory meetings solely based on the student's race, color, religion, sex, sexual orientation, disability, or national origin.