



PARENT NEWSLETTER



DOUGLAS HIGH SCHOOL

1670 Highway 88, Minden, Nevada 89423
(775)782-5136 (775)782-7039 fax www.dcsd.k12.nv.us/dhs
Power School Parent Portal-http://powerschool.dcsd.k12.nv.us/public

Douglas High School Mission Statement

Growing a thriving, curious, educational community that is committed to the learning of all.

February 2019

Special Testing Day Scheduled

Douglas High School will be following a special schedule for testing on Tuesday, March 12. This day will be set aside for all Juniors to take the ACT test that is a part of the graduation requirement for the state of Nevada. Freshmen, Sophomores, and Seniors **who have not been invited by the counseling department** will not attend school on this day. If you have any questions concerning the need to attend school on this day, please contact the counseling office at 782-5136, extension 1713 or 1734.

-Why do you want to take the ACT test?

1. Completion of this test is a graduation requirement for Nevada High School students.
2. The ACT is an exam accepted by all colleges and universities to make admissions decisions - the better you do the more options you have.
3. There are many scholarships offered based on ACT scores - the better you do, the more scholarship options and the higher their value.

4. Some employers want to see ACT scores to help determine your eligibility for a job.

5. The cost of the ACT test taken outside of school is \$67 for the writing section. On March 12, there is no cost to our Douglas High School juniors.

-How can I prepare and improve my score on the ACT?

Attend the weekly practice sessions offered by our teaching staff.

Two types of sessions will be offered each week

1. Practice Tests – Full practice ACT administered by a teacher will be offered most Fridays preceding the March 12 exam given to all juniors. At the end of the session, the answers to the exam will be given.

Students will be able to determine the score earned.

2. Test-Taking Strategies and Content Remediation – Each week at least one teacher will be available to help students learn strategies for improving on sections of the ACT. Sections of practice tests will be given in these sessions and teachers will work with students to understand their errors and improve their skills.

| Date | Practice Test 2:15-5:15 (Full practice exams with no remediation) | Test-Taking Strategies & Content Remediation 2:15-4:30 |
|---------------------|---|--|
| Friday, Feb. 8 | Room 724 | English/ Reading-Room 404 |
| Friday, Feb. 15, 22 | NO SESSIONS; WINTER BREAK | |
| Friday, March 1 | Room 724 | English/ Reading-Room 404 Math-Room 725 |
| Friday, March 8 | Room 205 | Science-Room 724 Math-Room 725 |

IMPORTANT: Sign up with Mrs. Winter in room 725 or email at kwinter@dcsd.k12.nv.us to reserve your seat in each session.

Registration for each session must be completed no later than the Wednesday prior to that session. Rooms are subject to change.

What to bring:

Douglas County School District Mission Statement

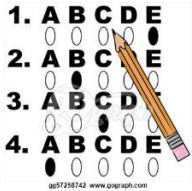
The Douglas County School District, in partnership with parents and community, will ensure that all students achieve excellence in education, character, and citizenship.

-Snacks/drinks – we will be here for a few hours and you'll get hungry!

-Pencil

-Calculator (for math sections).

Please contact the counseling office at 782-5136, extension 1713 or 1734 with any questions you might have.



AP Exam Fees Due

AP Exam fees are due March 6, 2019. Parents of students enrolled in Advanced Placement courses, please send your student to Pattie Dack in the counseling office by March 6, 2019, to pay for each exam. The cost is \$94.00 PER EXAM. Also, keep encouraging your student as they continue to study in college level courses!

Counseling Department

Scholarship deadlines are approaching fast. Below are the February deadlines:

Elks Legacy Award

\$4,000 February 1

Reno Rodeo Found.

\$1,000-\$2,500 February 13

Western Nevada Cattlewomen

\$1,000 February 15

RAN / Record Courier

\$500 February 15

Carson Valley Sertoma Mem.

TBD February 15

Carson Valley Sertoma/Vocational

TBD February 15

C.C. Meneley Ely Weigel/

Nicole Snyder Memorial

\$1,000 February 25

Visit www.dcsd.k12.nv.us/dhs and find the scholarship webpage on the counseling tab.

Douglas High School will be hosting our DHS Course Showcase on Thursday, February 28 from 5:30-8:00 p.m. This will provide incoming and existing students the opportunity to check out the variety of courses offered at DHS.

Incoming Freshmen parents and students will meet from 5:30-6:00 p.m. in the commons. At 6:00 p.m., all grades are invited into the Gym for an informational session followed by a schedule of times to investigate elective and core courses as well as get acquainted with the teaching and support staff. We hope to see you there.

Nevada PEP

Nevada PEP is a nonprofit organization that provides information, services and training to Nevada families of children with disabilities. Nevada PEP developed and operates Nevada's Statewide Family Network. Family Specialists can help you find information, support and resources, provide compassion and understanding of the unique experiences and needs of your child and family, and assist you to advocate for your child and family to access support and services to help at home, in the community and at school. **Nevada PEP provides their services for FREE.**

Contact information:

4600 Kietzke Lane Suite 1-202
Reno, Nevada 89502
phone: 775/448-9950 FAX:
775/448-9603

HOSA – Future Health Professionals Update

February is Heart Month. HOSA will be sponsoring a fundraiser to support the American Heart Association during the month of February. Details coming soon.

Approximately 25 HOSA students will be attending the Student Leadership Conference in Las Vegas this upcoming March. They will be competing in various health care skills competitions, presentations, and tests. Those that place in the top 3 of their event will qualify for Nationals which will be held at Disney World in Orlando, Florida! Wish them luck!

Our Spring Blood Drive is scheduled for March 28, 2019 – put it on your calendar.



Media Center

The media center is in the process of starting up a makerspace area. We are in need of materials that are in good condition. These would be materials to help students think and work creatively. Such things as Lincoln logs and Legos would be much appreciated. Anything else you might think of would also be appreciated. Please bring items to the media center. If you have any questions, please call the school extension 1746.

As usual the media center has lots of new book titles. Please stop by and browse the wonderful collection of both fiction and nonfiction books.

If you are interested in volunteering in the media center, we are always appreciative of extra help.

Northern Nevada Scholastic Art Awards

Douglas High School is very proud to announce the following winners awarded at the recent NN Scholastic Art Awards Show.

Sculpture/Ceramics and Glass winners:

Kristina Benbrooks, Gold Key, Sculpture

Mia Bertolone, Silver Key, Ceramics and Glass

Laurel Broderdorf, Honorable Mention, Ceramics and Glass

Laurel Broderdorf, Silver Key, Ceramics and Glass

Sierra Ginocchio, Silver Key, Sculpture

Ryan Griffiths, Honorable Mention, Ceramics and Glass

Haley Hassman, Honorable Mention, Sculpture

Zoe Holt, Silver Key, Ceramics and Glass

Audry Keasling, Silver Key, Ceramics and Glass

Sophia Maricich, Silver Key, Sculpture

Sophia Maricich, Silver Key, Ceramics and Glass

Payson McGill, Gold Key, Sculpture

Tatiana Mosdale, Honorable Mention, Ceramics and Glass

Megan Xin, Honorable Mention, Art Portfolio

Megan Xin, Honorable Mention, Ceramics and Glass x3

Megan Xin, Gold Key, Sculpture

Megan Xin, Silver Key, Ceramics and Glass

DidiAlice Coke, Gold Key

Noelia Villvir, Gold Key

Jayden Shaw, Silver Key
Blayke Schuler, Silver Key
Blayke Schuler, Honorable Mention

Delaney Smith, Honorable Mention

Iverdale Ecobisag, Honorable Mention

Becca Daley and Shannon Bunn both earned American Visions recognition in this year's contest. This is a prestigious award given to only five art pieces entered regionally.

STEM News

STEM is connecting students to meaningful events this Spring. All students are welcome. Mark your calendars and join the STEM remind group for updates and reminders for these events. Text @bhkge to 81010 to join the DHS-STEAMClub.

UNR is hosting labs and lessons on engineering to high school students.

<https://www.unr.edu/engineering/research-and-outreach/k-12-outreach/lab>

We also encourage students to join the REWARD CLUB (hosted by the MEFIYI foundation). Tuesday lunch meetings at DHS teach the soft skill of public speaking, work readiness skills and connects our students to community businesses.

STEM club is arranging our very own escape room on February 15th. Come sign up in Fitzhugh's room 705!



Yearbook

The senior ad deadline for the 2019 yearbook is February 14, 2019. Orders may be placed online at www.yearbookforever.com with credit/debit or at the DHS front office with cash/check. For more information

<https://sites.google.com/dcsd.k12.nv.us/dhsyearbook/senior-ads>

All orders, copy, and pictures must be received by February 14 to meet our deadline. We have less than 150 books left for pre-purchase. Orders yours as soon as you are able to ensure a copy is reserved for you.

DHS Drama

Douglas High School presents:



One Weekend Only of
Comedy Improv
Fri. & Sat. February 15-16, 7:00 pm in the DHS Drama Room 101.
\$5.00 Presale tickets General Admission: \$10.00. Tickets may be purchased from office or any Drama Club Member or Improv Player.

News from the Nurse

Take time to get a flu vaccine! CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Even though the flu season is already in full swing, it's not too late to get the flu vaccine to protect yourself and the family! While there are many different flu viruses, a flu

vaccine protects against the viruses that research suggests will be most common. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations.

Take everyday preventive actions to stop the spread of germs.

Try to avoid close contact with sick people. While sick, limit contact with others as much as possible to keep from infecting them. If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.) Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. *Wash your hands often with soap and water.* If soap and water are not available, use an alcohol-based hand rub. Avoid touching your eyes, nose and mouth. Germs spread this way. Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

How does the flu spread? Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too. People infected with flu may be able to infect others beginning

one day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

If your child is running a fever of more than 100.0 and/or vomiting or experiencing multiple episodes of diarrhea, please keep him/her at home to decrease the spread of infection. Let's keep Douglas High School healthy!

Note to 10th Grade Parents/Guardians: On March 28 and 29 we will be screening your sophomore student(s) for vision and hearing. These health screenings are mandated by the state of Nevada & NRS and they are conducted in a professional and confidential manner at the high school during their World History classes. Notices are in the mail!



Athletics

Deadline to register for spring sports on February 14 at 3:00 p.m. is fast approaching! Students interested in doing a Spring Sport: Girls Softball, Baseball, Track & Field, Swim/Dive, or Boys Golf must be registered on RMA by Thursday, February 14 at 3:00 p.m. Sign up now online at RMA. Links to their website can be found on

the DHS athletics webpage and every sport webpage.

If you were registered for a Fall or Winter Sport, you still need to go on RMA and select a spring sport. All students must have selected a spring sport on RMA and completed an Off Season form for spring to be eligible for tryouts.

Stop by the Tiger Cage if you have any questions. Go Tigers!

Track & Field

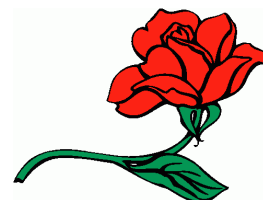
We are currently in pre-season conditioning. Check our website for times/locations.

<http://dhs.dcsd.net/Athletics/track/index.htm>

The first day of practice is February 23 from 9:00-12:00. We will meet in the commons to start. All athletes will need full sweats and proper shoes. Please direct all questions to Kim Tretton ktretton@dcsd.k12.nv.us

Valentine's Day Delivery Reminder

Because of the amount of deliveries and the disruption to classes that these cause, the school will not accept deliveries of any sort for Valentine's Day. Please make other arrangements for flowers, balloons and candy. Thank you for your cooperation in this matter.



February 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|------------------------|---|---|---|--|---|
| Home games are in red. | | | | | 1 Teacher PD Day ~ No Classes Vars. Wrestling @ TBA Girls JV, Frosh B-ball @ Wooster 3:30, 5:00 Girls Vars. B-ball vs. Wooster 5:15 Boys JV, Vars. B-ball vs. Wooster 3:30, 7:00 Boys Frosh B-ball @ Wooster 6:15 | 2 Vars. Wrestling @ TBA |
| 3 | 4 B-day | 5 A-day Girls JV, Frosh B-ball @ Galena 3:30, 5:00 Girls Vars. B-ball vs. Galena 5:15 Boys JV, Vars. B-ball vs. Galena 3:30, 7:00 Boys Frosh B-ball @ Galena 6:15 | 6 B-day | 7 A-day | 8 B-day | 9 |
| 10 | 11 A-day | 12 B-day Girls JV, Frosh B-ball vs. Damonte 3:30, 5:00 Girls Vars. B-ball @ Damonte 5:15 Boys JV, Vars. B-ball @ Damonte 3:30, 7:00 Boys Frosh B-ball vs. Damonte 6:15 | 13 A-day Staff PLC Day 90 minute delayed start (9:05) | 14 B-day PTSO meeting 6:00 in 107 | 15 A-day Girls JV, Frosh B-ball @ Carson 3:30, 5:00 Girls Vars. B-ball vs. Carson 5:15 Boys JV, Vars. B-ball vs. Carson 3:30, 7:00 Boys Frosh B-ball @ Carson 6:15 | 16 |
| 17 | 18 Winter Break | 19 Winter Break | 20 Winter Break Boys Vars. B-ball @ TBA | 21 Winter Break | 22 Winter Break Boys Vars. B-ball @ TBA | 23 Boys Vars. B-ball @ TBA |
| 24 | 25 B-day | 26 A-day | 27 B-day Boys Vars. B-ball @ TBA | 28 A-day Boys Vars. B-ball @ TBA | 1 Boys Vars. B-ball @ TBA | All game times are accurate at time of printing. Please check with the coaches for any updates. |



Upcoming Dates to Remember

Professional Development Day NO CLASSES ----- February 1
 Late Start Day ----- February 13
 Winter Break ----- February 18-22
 Professional Development Day NO CLASSES ----- March 8
 ACT Testing day JUNIORS ONLY ----- March 12
 Late Start Day ----- March 13
 Spring Break ----- April 15-19
 Graduation ----- June 6

For the Douglas County School District calendar, visit:
www.dcsd.k12.nv.us and click on the school calendar link.

Douglas High School
 1670 Hwy 88
 Minden, Nevada 89423



Telephone Directory



Main Office ----- (775)-782-5136
 Front Desk ----- extension 0
 Attendance ----- extension 2
 Counseling Office ----- extension 4
 Athletics ----- extension 5
 Registrar ----- extension 6
 Nurse ----- extension 7
 Fax ----- (775)782-7039

Counselors:

Shari Andreasen (F-Lef) ----- extension 1718
Kira Brown (A-E) ----- extension 1716
Lisa Maslach (Leg-Re) ----- extension 1719
Vanessa Ozolins (Ri-Z) ----- extension 1717
Jim Meyers (exit level 1 students) ----- extension 1770

Administration:

Joe Girdner, Principal ----- extension 1711
Mike Rechs, Asst. Principal ----- extension 1759
Sarah Russell, Asst. Principal ----- extension 1761
Wendi Yankoskie, Asst. Principal ----- extension 1763

NON PROFIT ORGANIZATION

U.S. POSTAGE

PAID

PERMIT No. 36

GARDNERVILLE, NV

Non-Discrimination Policy

The Douglas County School District Board of Trustees supports equal educational opportunity for students free from discrimination based upon race, color, religion, sex, sexual orientation, disability, or national origin (Board Policy No. 103). This concept of equal opportunity serves as a guide for staff in making decisions relating to school facilities; and selection of educational materials, equipment, curriculum, and regulations affecting students. In support of this policy and in compliance with the requirements of federal law, no student will be required to attend mandatory meetings solely based on the student's race, color, religion, sex, sexual orientation, disability, or national origin.