



# DOUGLAS HIGH SCHOOL



## Parent Newsletter

1670 Hwy 88 ♦ Minden, NV 89423  
(775) 782-5136 ♦ (775) 782-7039 – Fax  
www.dhs.dcsd.net

### Douglas High School Mission Statement

Growing a thriving, curious, educational community that is committed to the learning of all.

**November 2018**

### Career and College Expo

Douglas High School invites you to attend the 2018 College and Career Expo on Monday, November 19, 2018 from 6:00 pm to 8:00 pm in the high school Commons. The College and Career Expo is open to the community and we invite everyone to come and take part in this great event. Last year's attendees included over 45 representatives from the armed forces, colleges and universities, and business and industry from the Carson Valley and Northern Nevada areas. We hope that you will consider attending this great event! If you would like more information about this event, please contact Jim Meyers ([jmeyers@dcsd.k12.nv.us](mailto:jmeyers@dcsd.k12.nv.us)) or Lisa Maslach ([lmaslach@dcsd.k12.nv.us](mailto:lmaslach@dcsd.k12.nv.us)) or call 782-5136 x1770.

### From the Media Center

November 9 is parent teacher student conferences. While you are on campus, please stop by the media center to check us out regarding all the new books we have. We will also have cookies and something to drink. The librarian will be here to answer all your questions.

If you would like to volunteer in the media center, stop by and we can get you setup. We are always

looking for volunteers to help us at school.

Parents, with time off from school coming up, remind your students that the media center is the place to find great books to read, both fiction and non-fiction.

Lastly, the media center is always available to help answer both your questions and those of your students. Please contact me if you have any questions.

Jim Polka, Media Specialist

### Important Attendance Reminder

In order to release a student from school, we need to have written documentation that can be achieved in 3 ways:

1. Come in to sign your student out.
2. Send the student with a note in the morning. They will give the note to the front office and we will issue them a dismissal pass for the time indicated on the pass. This is always the preferred method as it minimizes interruptions to instructional time.
3. Send an email to [DHSattendance@dcsd.k12.nv.us](mailto:DHSattendance@dcsd.k12.nv.us)

### PTSO

The DHS PTSO (Parent, Teacher, Student Organization) is excited to have Mikki Trujillo as our guest speaker for the month of November. Michelle L. Trujillo is an author, inspirational speaker, and educational consultant. "Mrs. T" as she is known to her students and reading audience, makes a tangible, sustainable, and positive difference through her speaking and training seminars. She shares her enthusiasm, experience, and applicable take-aways with her audience, while she imparts a philosophy that ignites hope in schools and the workplace. A former Teacher of the Year, multi-year selection to Who's Who Among American Teachers and 2017's Innovative Educator of the Year, Michelle has appeared on television (including *Oprah*) and radio across the nation as a guest expert. Come see her as she shares her enthusiasm and energy about connecting to teens. Parents and students alike are invited on Thursday, November 8, 6:00 pm at DHS in room 107.



### Douglas County School District Mission Statement

The Douglas County School District, in partnership with parents and community, will ensure that all students achieve excellence in education, character, and citizenship.

## Drama Club News

DHS Drama Club presents the Student-Directed 1 Act Play Festival

Weekends of Nov. 2-3 & 9-10, Fri. at 7:00 pm; Sat. at 2:00 and 7:00 pm in the DHS Drama Room. Pre-sale tickets \$5.00, \$10.00 at the door Saturday Matinees: FREE

Some of these plays deal with mature issues; parental discretion is advised.



## Counseling Department

-Do you need help preparing for the SAT or ACT. The SAT/ACT Workshop has been scheduled. The English portion is Saturday, 11/3 and the Math portion is Saturday, 11/17. The cost is \$45 for 1 session or \$65 for both. See Pattie Dack in counseling to sign up.

-The annual College Fair will be held Sunday November 18th from noon to four at the Joe Crowley Student Union on the UNR Campus. Speak to representatives from nearly 100 college and universities at no cost to you (yes, even parking is free)!

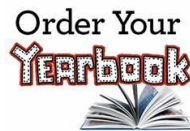
Information sessions will cover scholarships, financial aid, essay writing, high stakes testing, college housing, first in family to attend college and, UNR will be giving campus tours. Register today at: [StriveFair.com](http://StriveFair.com). Students will receive a text and email with a bar code to bring with them to the College Fair at UNR on Sunday, November 18th.

## Yearbook Info

Senior quotes are due by November 20 at 3:00 pm. Read guidelines carefully before submitting a quote to avoid it being left out because it doesn't meet the publication criteria. <https://sites.google.com/dcsd.k12.nv.us/dhsyearbook/senior-quotes>

Yearbooks are on sale and you can get yours at the best price possible until December 31, 2018 at which time the price increases. Senior ads are a great way to celebrate your graduate's achievement. Place your order at the DHS front office or online: <https://yearbookforever.com>

Yearbook would like your pictures of groups and activities outside of school. Please email your photos, description of activity, and full names of students to [kerb@dcsd.k12.nv.us](mailto:kerb@dcsd.k12.nv.us). Please only send photos you have taken yourself to avoid copyright issues.



## From The Nurse

Cold vs. Flu and You

The season is upon us! Because the common cold and flu share many symptoms, it can be difficult (or even impossible) to tell the difference. In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness and dry cough are more common and intense. Colds are usually milder and more likely to have a runny, stuffy nose. Colds usually do not result in serious illness such as pneumonia, bacterial infections or hospitalization.

What should I do if I am sick?

Stay home for at least 24 hours after the fever is gone. (Your fever should be gone **without** the use of fever reducing medicine such as Tylenol). Stay away from others while you are feeling sick, continue to cover coughs and sneezes and the best defense is to wash your hands frequently! It is important to know that even if you don't have a fever, you may have the flu and be contagious if you get flu symptoms.

To help stop the spread of germs:

- Cover your mouth with a tissue when you cough or sneeze and if a tissue is not handy use your upper sleeve or elbow to cover your mouth, NOT your hands!
- Place used tissues in a wastebasket
- Wash your hands for at least 20 seconds! If no soap and water available use alcohol-based hand rub.
- Avoid touching your mouth, eyes or nose. Germs are spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

Here's to your health! Jen Hinnant RN, BSN DHS nurse

## JROTC

Saturday, December 1, 2018  
Minden-Gardnerville Parade of Lights. Meet at Heritage Park at 4:45 pm in your Class A uniform.



# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Home games are in red.				<b>1</b> B-day Girls Vars. Soccer @ Damonte Ranch 4:00, 6:00	<b>2</b> A-day	<b>3</b> Cross Country @ TBA 10:00 Boys Vars. Soccer @ Damonte Ranch 12:00 Girls Vars. Soccer @ Damonte Ranch 2:00
<b>4</b>	<b>5</b> B-day	<b>6</b> A-day	<b>7</b> B-day	<b>8</b> A-day PTSO 6:00 in room 107	<b>9</b> Parent/Teacher/Student Conferences ~ No Classes	<b>10</b>
<b>11</b>	<b>12</b> Veteran's Day ~ No Classes	<b>13</b> B-day	<b>14</b> A-day	<b>15</b> B-day	<b>16</b> A-day	<b>17</b>
<b>18</b>	<b>19</b> B-day	<b>20</b> A-day	<b>21</b> Thanksgiving Break	<b>22</b> Thanksgiving Break	<b>23</b> Thanksgiving Break	<b>24</b>
<b>25</b>	<b>26</b> B-day	<b>27</b> A-day	<b>28</b> B-day	<b>29</b> A-day	<b>30</b> B-day	All game times are accurate at time of printing. Please check with the coaches for any updates.



## Upcoming Dates to Remember

Parent Teacher Student Conferences No Classes ----- Nov. 9  
 Veteran's Day Holiday ----- November 12  
 Thanksgiving Break ----- November 21-23  
 Winter Break ----- Dec 24-Jan 4  
 Collaboration Day NO CLASSES ----- January 7

*For the Douglas County School District calendar, visit:  
[www.dcsd.k12.nv.us](http://www.dcsd.k12.nv.us) and click on the school calendar link.*

Douglas High School  
 1670 Hwy 88  
 Minden, Nevada 89423



## Telephone Directory



Main Office ----- (775)-782-5136  
 Front Desk ----- extension 0  
 Attendance ----- extension 2  
 Counseling Office ----- extension 4  
 Athletics ----- extension 5  
 Registrar ----- extension 6  
 Nurse ----- extension 7  
 Fax ----- (775)782-7039

### Counselors:

*Shari Andreasen (F-Lef) ----- extension 1718*  
*Kira Brown (A-E) ----- extension 1716*  
*Lisa Maslach (Leg-Re) ----- extension 1719*  
*Vanessa Ozolins (Ri-Z) ----- extension 1717*  
*Jim Meyers (exit level 1 students) ----- extension 1770*

### Administration:

*Joe Girdner, Principal ----- extension 1711*  
*Mike Rechs, Asst. Principal ----- extension 1759*  
*Sarah Russell, Asst. Principal ----- extension 1761*  
*Wendi Yankoskie, Asst. Principal ----- extension 1763*

NON PROFIT ORGANIZATION

U.S. POSTAGE

**PAID**

PERMIT NO. 36

GARDNERVILLE, NV

### Non-Discrimination Policy

The Douglas County School District Board of Trustees supports equal educational opportunity for students free from discrimination based upon race, color, religion, sex, sexual orientation, disability, or national origin (Board Policy No. 103). This concept of equal opportunity serves as a guide for staff in making decisions relating to school facilities; and selection of educational materials, equipment, curriculum, and regulations affecting students. In support of this policy and in compliance with the requirements of federal law, no student will be required to attend mandatory meetings solely based on the student's race, color, religion, sex, sexual orientation, disability, or national origin.